DELAY, DENY, LIE UNTIL THEY ALL SUFFER TO DIE IS VA MISSION STATEMENT.

CHAPTER 40

The Day America Died ©Xen. 10th

America died January 21, 1977. The Neo-Socialist Jimmy Carter administration granted full pardon and amnesty, full US benefits free and for nothing to those who refused to earn them. I never forgot that day of national scapegoatism, recalling vividly everything about it, as a disgusting, national disgrace to all US military and its Veterans. After Carter's *Address to the Nation* speech, our military base all but completely closed. Reservation flags hung at half–mast except for one, which hung half-mast and upside down. Taps played on loudspeakers, set to low volume, all day and evening. I do not think anyone noticed; *shellshock* does that to a mind. NCO and Officer's clubs were freely open to all personnel: we were members and non–members in kind. Rank was not an issue. They were full. None were festive. The atmosphere was one of a silent requiem and funeral: *ours.* Something in each uniformed person died that day. Few talked much if at all; some cussed, some cried openly, the rest cursed and wept alone within the darkness of his or her wounded soul. I still recall my thoughts. What in hell's name am I doing?! Why am I here?! What is the point?! The country I serve just knifed me in the back. Why suffer to earn what is now freely available to anyone; I quit. I'm going AWOL. Sitting nearby, a Senior Master Sergeant read my mind; he said, "Don't do it. They will hunt ***YOU*** down like a dog; no mercy, no pardon; son, let it go." Suddenly, a far away ghost barked, which briefly roused me from shellshock: '***Take care of each other because that is all you got…***' The phantom was Gunny's prophesy from basic training that he drilled into each recruit, which forever became a part of me. How did he know? The Senior Master Sergeant baby-sat and fed me beer until my mood passed out then walked *us* to the transient barracks. They were full beyond capacity; guys were sleeping it off everywhere. He and other senior leaders, dressed in full uniform, medals, and ribbons, spent all day and night babysitting to protect us from selves. While undergoing the shock of an undeserved dishonor by a nation that we defended that bayoneted us in the back for doing so. It was an important bond we shared that was never truer than on our day of infamy: "*watch out for each other because that is all you got.*" It was then that I garnered a new respect for the senior-most ranks. Before that they were just '*old flies that ate shit and bothered people*.' Afterwards, I regarded them as wise sages - 'Military Elders' do not earn high rank being stupid. Today proved that.

GUNNY'S RULES: Three lifetime lessons from a BMT - 'basic Military training' - Gunny Sgt that got me through Military duty and life thereafter:

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1. Never screw-over anyone – especially someone with nothing to lose.

2. Do it right in drill and you will do it right in combat; this training will save your young asses.

3. Each one of you is a target. Watch each other's backs because nobody else does except as a target. ***Take care of each other because that is all you got!***

Honorably, I did not abandon my post; where would I go – here is all I got. Nothing else makes any sense to me now. To this country, we were the enemy: the hated, ugly, US Armed Forces. Gunny was right; our backs were only targets to the very people we trusted. All of us bore the same wound, from the same hand, from the same backstabbing American dagger. None of us anticipated a rear ambush from an unexpected foe: our country. I don't reckon Gunny saw that one coming either. Our sin? Loyalty to a pimp–whore Motherland: ***Amerika***. America died that day and Amerika replaced it in toto. Our compensation? Sacrificed as duty–bound, wounded–scapegoats, bearing undeserved shame and national dishonor from a cowardly nation. Scapegoatism and blame are lame states of a ***diseased people***. Today is Veterans Day, November 11, 2019. I released from dark places of mind, body and soul a grief enchained there for decades by finally accepting my disgrace – yes, ***I am a US Veteran not a Comprachicos freak.*** Then pondered, how many Veteran suicides occurred today because ***VA*** and America denied to them the necessary care each one needed to heal. *100 US veterans' suicide every day from lack of that care.* Only VA and Amerika can sink so low in sewer filth to profiteer off veteran suffering and suicide. Perhaps, death is where hell ends and grace begins. Today is for the *living* dead; US Memorial Day hypocrisy is for the dead. ***For Veterans like me, America died January 21, 1977 with a final betrayal by this country. That single shameful act downgraded all US war deaths, crippled and wounded to less than worthless; never have I seen so many patriotic sacrifices wasted so badly by a homeland. Why not, it wastes everything else.*** Patriotism is a farce; money always talks while a broke Vet walks, as would any skid row bum. I have no beef with the hundreds of thousands of young men and women who risked their liberty and went to prison protesting the Vietnam War refusing impressment; those injustices needed abolishment; I harbor no ill towards Ms. 'Hanoi' Jane Fonda's sanity in how she expressed the same point. I do have issue with a treasonous Fatherland that forced war protesters, and draftees marched to war at gunpoint, into the position to do that in the first place. Then as our reward, the US Socialist government of '*We the brave*

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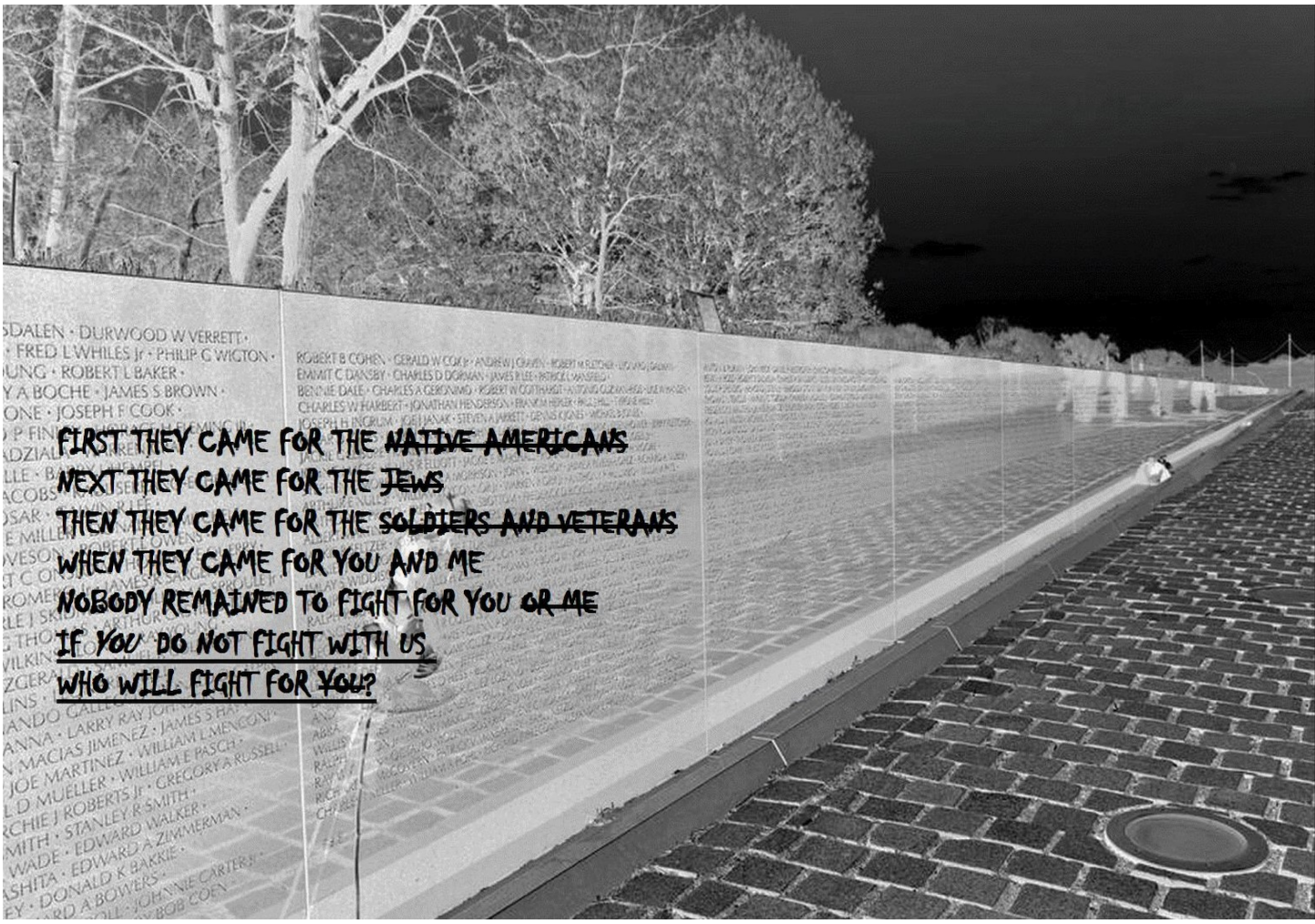
cowardly People' abandoned and betrayed *us in toto.* On that day, we all hung together on the same gallows pole. I am ashamed of my military service to an ungrateful country. ***The USA as far as I am concerned died January 21, 1977.***



Suicide is not cowardly;* <u>COWARDLY</u> *is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their

life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

CHAPTER 41

VA, SHAFTING OF THE CENTURY

~OR~

VA GOT THE GOLD; VETS GET THE SHAFT

All non–military or non–Veterans best pay attention; in your lifetime that Nazi Socialist fascist betrayal awaits you. I never heard of disability or of a VA until leaving Military. Sickness and disability never crossed my mind and to tell the truth, wish I had never heard of them at all. I am not a victim disabled by diseases, but simply limited with challenges to work around while doing life as a soul in hell. Perhaps there is a reason why all the aforewritten is kept low key and clandestine by fake news lame-mass media. Given the magnitude of sick and dying Vets there is a very big warning that something serious is going on. Likewise, revealing the truth is bad for Military recruitment: investing someone else's families, sons, and daughters. Fewer recruits choose to 'serve' this nation and with good reasons: why squander one's life for a country of brave–coward, ingrates. Look at what Military enlistment does to recruits and how it mistreats them afterwards. *A question to the patriotic fools who think that military duty is great – why are NOT the 'all-volunteer' armies bursting forth, beyond capacity with patriotic 'volunteer recruits?' The ranks are so short that to fill them, US*

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Armed Services hire foreign mercenaries and recruit foreign men & women with promises of citizenship and more perks to join. Then break their covenants after their service ends, often deporting them back to wherever they came. Moreover, political policy makers are very seriously considering reinstituting forced conscription or 'the draft' to fight America's needless Wars. Which, by–the–way will include the fine liberated women of this country, too! I love equality!! The biggest block to US draft is that over 80% of this country's draftable youth cannot pass physical and mental tests to be front line infantry soldiers. The Armed services already lowered the entrance bar to the lowest rung so women can join and now use that for the males too. It still falls very short of enlistment goals. Ground level is the bottom. To all of you wannabe fools parading around playing GI Jane and Joe, why be a phony imitation? Enlist! Learn what steel–bear-trap recruitment contracts are all about when signing a Faustian agreement for your soul in your blood with the Devil. No victim, no crime until ***your name*** *is on that bottom line. Learn that once bound to it, what "that's an order," means to an indentured servant; and, that your new owners make and change all the rules to suit them not you. Afterwards, the Military head-trip then goes further southward on the road on hell where one learns what is a real, true, soldier, which is very different than dressing up as a Halloween clown parading around on an ego trip. Cry for your mommy, daddy, lawyer, the President, congressperson, and senator, or 'god' anyone you wish, to no avail – a deal with the Devil is inviolate. You are in the Military now. That steel bear trap biting your ass is an enlistment contract gnawing years out of it – for the rest of your life.* We Veterans are wounded and diseased medical coalmine canaries sounding a warning that no one hears. You will when our sicknesses affect you, your families, your kids, and grandkids. When you and they become ill from the same stuff that is crippling and killing us. Covid19 is only a foretaste of things to come. You think 911 and Covid are the worst things that can happen to you? American pussies you do not know bad but will learn what is very quick. More terrifying is that the newer stuff is genetic, bio–virus, bio-warfare agents & chemicals that attack the core of life: the autoimmune systems and genetic blueprints of life. Government keeps us cloistered away from you in corrupt agencies like VA for a very good reason. ***Nero said he could do anything to dumb masses sleeping under his bread, wine, and circus tents.*** Personally research active and ex–military and civilian populations of imploded Southeast Asia countries like Vietnam and elsewhere America has occupied and raged war. Study their diseases, birth defects, and worse. Note those same mysterious sicknesses have been spreading throughout US and rest of the world for the last half-century. You are not in Santa Clause syndrome reality anymore, America, but in a house of horrors living with illnesses

unheard of only 50-60 years ago with more to come! Spreading through myriad, sundry vectors intentionally created and released among the naked apes for a purpose: to study herd effects advancing military weapon and medical science, and to refine as Bio–weapons using earth and inhabitants as a global laboratory. You going to tell me that "immaculate infection' from 'god' is responsible for this stuff, too? Take that nonsense to Starbucks with five bucks and see which one buys you a coffee! Look around, what do you see? Your sick & diseased future that is what! I do have a modest proposal. Empty out Dept. of Veterans Affairs of all non-veteran US born employees, not the high quality imports, we need them, and draft them for two years of the worst military duty service. Do that to all the backstabbing Aunt Tim & Uncle Tom veterans as a loyalty refresher. Keep our real soldiers home to protect this country and give all true veterans VA jobs to serve other veterans. Only a true veteran can help another veteran. Civilians, Aunt To, Uncle Tom vets do not have the integrity to shovel guts to a starving bear when it comes to veteran needs or care. They serve only selves. That is why 100 veterans successfully die by suicide every day...new recruits, that is your future, too.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

CHAPTER 42

'Socialism equally, spreads its misery,' Winston Churchill.
~OR~
Winston had Nazis, US & VA in mind when quoting that phrase.

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I paid my dues to live here and will continue doing so until death paying far more than do 85-90% of the people in this country. All I hear from elected lootership, their cronies and constituent entitlement 'have nots' is 'we want more' while eating a free lunch on the first class free ride someone else sacrificed for them to enjoy. Americans do so little with and throw away so much of what is freely available to them bought by someone else, especially leisure time better spent on self–improvement than mind–fuck wastebook 'entertainment,' which is easy when so few of them have any skin invested in the game. Only by losing everything I believed winnable and worth having did I learn **none of the American dream is real: one has to be sleeping to believe it.** For me, Hollywood's Fantasy Factory's Magic Kingdom has left the building forever. I got nothing more to give. As Americans wake up from their delusions, brutal truth of reality, culture, and society will literally eat what is left of them alive. Life is a losing game all round and to think I wasted it so badly in following Socialist church-state brainwashing, beliefs from cradle to grave conditioning learning that lesson. **John Lennon put it well in lyrics to one of his songs: "When you are born they keep you so small by giving you no time instead of it all..."** I misspent a life to understand that perspective. Who and what ever controls the money, politics, and mass media controls this world carnival, and can spin any mirage necessary to serve their agenda. What do you see today? **The perfect slave is one who says, "I am not a slave..."**

CHAPTER 43

War is a bloody Racket – period!

War is a Racket by General Smedley Butler. Note: General Smedley Butler made a speech, wrote a booklet, and spilled the beans about the whole war racket almost a century ago. Then, as now, nothing much has changed except the names and faces of the crippled, dead, dying, suffering victims and aggrieved who 'served' the 'gods and goddesses' of War. VA is a huge, lion's share of that racket. Below is an excellent essay encapsulating the general's message. I do not know the author of it. https://ratical.org/ratville/CAH/warisaracket.pdf

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General Smedley Butler was right. **War is a racket – based on Big Lies, waged for wealth, power, and dominance. Wars have nothing to do with upholding democratic values, humanitarian intervention, or fighting for peace, stability, and security. They have everything to do with conquest, colonization, and control – forcing one nation's will on others, stealing resources, and exploiting populations [rape, rob, murder, cripple, plunder, pillage and subjugate].** America dishonors its war dead – sacrificed on alters of greed and lust for power. Privileged elites let others do their suffering and dying for them – making the world safe for bankers, war profiteers and other corporate predators. ***Innocent youths are sent to die based on the noble, Big Lie. Sick and/or wounded returning home are often abandoned. Epidemic levels of post-traumatic stress disorder (PTSD) affect hundreds of thousands of combat forces and Vets. Many go untreated.*** Independent reports reveal nearly half of Afghan and Iraq Vets have emotional and/or physical combat injuries. Many are maimed for life. Combat stress is more than many can bear. The disturbing toll war takes is one of the most under-reported stories. **A generation of combat Vets will not ever be the same again. Many needing help do not get it. Too few get enough. An epidemic of Vet and active duty suicides symbolizes war's hellishness. Many deaths are not called suicides – at home or abroad in war theaters. Misreporting is commonplace. Many suicide victims are age 50 or older.** Combat-related trauma is long-lasting, lifetime. According to a Center for a New American Security (CNAS) suicide report, Veterans commit suicide every 80 minutes. Study authors Margaret Harrell and Nancy Berglass said: "American, VA is losing its battle against suicide by Veterans and service members. In addition, as more troops return from deployment, the risk will only grow. "Many Vets return home feeling helpless. Marine Corps Vet Jason Christiansen watched his life unravel. "At one point, I was sitting there with a gun in my mouth," he said. A friend urged him to seek help. The Veterans Crisis Line gets hundreds of thousands of calls. CNAS said from 2005 – 2010, "approximately one service member committed suicide every 36 hours." Too little too late reflects DOD/VA policy. For what? America has not had an enemy since Japan formally surrendered in early September 1945 aboard the battleship Missouri. [in a war US provoked them into.] In the decade post-9/11, the VA paid $200 million to nearly 1,000 families in wrongful death cases. [in 2023 it paid over 2 billion] **They are the tip of the iceberg.** Malpractice takes countless others. Included are Veteran and active duty suicides for denial of vitally needed physical and/or emotional care. *Wrongful diagnoses and botched surgeries are commonplace* by uncaring medical professionals in a system encouraging malpractice by devoting resources to war-making, not caring of its sick, wounded or dying. Malignant tumors are allowed to

grow. *Over-dosing on dangerous [neuro-poison] drugs compensates for denial of proper treatment. Elderly Vets promised healthcare for life die from fatal neglect. How many others suffer out of sight and mind?* It bears repeating. ***America dishonors its war dead, living dead, sick, wounded, and dying.*** Paul Craig Roberts is right. Memorial Day [and Veterans Day are] is a cruel hoax – a national disgrace. It has been this way from inception since 1866 – more than ever today by far. Catastrophe occurs when too many people refuse to accept, that around us always are two universes at work. There is the cold, hard reality that underlies everything. And on the surface is a veil of deceit and compromise [bread, wine and circus fantasy]. The more humanity compromises vital truths in order to enjoy the comfort of illusions, the more mind-shattering it will be when those illusions fall away. [that day is swiftly upon us.] These two worlds can coexist only for short periods, and they will *always* and eventually collide. There is no other possible outcome.

CHAPTER 44

HYDRA-Socialism is a parasite destroying this Nation.
~OR~
VBA is but one viper-head of the Gorgon.

US Dept of Veteran's Affairs is epitome of parasitic National Socialism or Nazism. It is a 90 year old byproduct of failed Socialistic, wrongheaded, national policy. VA is impotent and criminal; a self-serving core **collectivist** organization that severely misuses US resources badly needed elsewhere. The whole kangaroo judicial and benefits system is designed to keep bureaucrats employed, while mistreating Vets like dog shit under the doormats entering a two–bit whore house. Nothing about it is fair or just except to that agency per their rules, which is the jackboot of US National Socialism. This country cannot afford such extravagant parasitism wrapped in red, white, blue and star spangled banner patriotic hype any longer. ***VA claims only it can care for we veterans; that private medicine lacks***

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the expertise, which is pure cobble. Anyone can cripple and murder veterans but most of US medical care has better ethics against doing so. VA is only a mid-level pork–trough–bureaucracy between private sector and the Vet. Everything it does and gets comes from private consumer medical industry including all of 'its expertise.' Outside doctors, technicians, technical training and all supplies come from there as US government procurement! It uses contract doctors and medical students training in VA hospitals then falsely claims first rate service with private sector. The agency only incompetently imitates that and worse while misappropriating a lion's share of an annual 400 billion dollar budget billed to taxpayers for doing so. Cut out the mid–level government waste and give Vets direct access to what we need! The American Nation **must** do much better at taking care of her people – especially kids, elderly and Veterans. VA is not serving veteran needs; it never has nor ever will notwithstanding propagandic spin to the contrary. It is well past time to sunset and dissolve this institution proper, and totally privatize veteran care giving them free choice of who, what, when, and where to get their medical needs met like the rest of the US has done for decades. Move VA resources, Vets, annual budget, all benefits and medical care tasks in toto under private sector administration without VA interference. Hold those institutions accountable with strict oversight of operations, and severe consequences for substandard performance. Permit Veteran redress through due process of law, courts, etc same as civilian systems of US Constitutional and tort laws. Veterans are US citizens with full Constitutional protections same as 'we the people' Americans; yet, are exploited by this country as lesser citizens. Stop mistreating them as lower class people. They paid their dues to live in USA. ***In most cases, far more than most pedestrian Americans do or ever will pay.*** **It is criminal that we pay the most yet receive the least in return!!!!** ***Lastly, US government and VA expend more of that administration's resources supporting people who never served Military duty and are not Veterans than it has or does on vets. Providing for their friends, employees, etc far better than anything we get or ever will under the current system. Even the name Dept of Veterans Affairs is a misnomer. It should read government jobs farm & welfare largesse for people who have nothing better going for them and cannot make it in the real world & private sector. VA is NHS government run Socialist healthcare.*** *That is the true meaning of our sacrifice to America. We pay the price in our flesh, blood, lives and our families lives for Amerika's* ***first class*** *free gravy train ride and lunch in exchange for hokey slogans and broken promises. That is a national disgrace beyond*

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conscience bested only by 100 veteran suicides every day protesting this inhumane injustice.

CONCLUSION

In closing, does any of the aforewritten read like first class medical care and benefits that government claims to provide US Veterans? No?! That is why Vets are turning against VA in increasing numbers, and the younger ones by default, choose private Healthcare over Socialized medicine. Only less than 6% of the total number of US veterans use VA healthcare at all, and that agency cannot care for them?! 100 veteran suicides every day scream that it cannot!!! I fired that govt FUBAR over 40 years until fate forced a return to that madhouse under duress for a purpose. VBA C&P disability benefits are worse than a sham! Social Security Disability averages 18 months process time under due process of law. VBA C&P is 10-15 years or never under a phony, closed Kangaroo, adjudication system. Social Security is paying those VA claims providing VBA gravy train free lunches and rides for employees, their friends and political pork. Too many of us die before a final verdict, abandoned, betrayed, denied, delayed until we die in a holding pattern while VA kills time until it finally kills us, unless it murders us first as a training hospital lab rat.. I finally received 10% rating after 40 years for the least of all service related diseases! Many older Vets are learning new tricks from the youngsters to abandon the system, too. Even the women's VA fails to attract and keep female ex-soldiers into its programs. ***Seems the gals see through BS better than we men***. Of those I have talked to, VA fails them same as the rest – perhaps more. 92-96% of all US Vets do not use that system; only the captive walking dead who cannot go elsewhere are trapped in it. Just ask the 100 suicides a day how great they have it. VA is of VA, about VA, for VA and its criminal cronies, not ex–military. This subjective writing is my story and only one of far too many worse than it. For example, tens of millions of veterans who died horrible deaths and still do from Dioxin exposure in US and Vietnam during Vietnam War. Dioxin is considered one of the most horrific and deadly bio-weapons America ever made and used on human beings. Napalm is second. VBA simply held all those claims and dying veterans in a sandbag deny, delay, lie until they die holding pattern until they suffered and died. I am one of them. These bio-weapons are designed to kill immediately or slow suffering over time. They have no treatment, cure, or vaccine! Once exposed one is DEAD! All that is possible after exposure is keeping the victim comfortable through pain control while killing time until it kills the victim. I will give VA credit for trying to do that with the opioid epidemic! The real reason was to addict vets to VA system to keep them coming

back for more. That is all anyone can for terminal people – pain control. But some US drug czar on the US black market take did not like it and shut down the program proper leaving all those sufferers in their addicted agony. May fate be so kind to s/he. Per VA SNAFU, it was nearly a year before VA began giving out methadone to help vets undergo narcotic withdrawal. So many of them suicided to end original Bio-weapon suffering now coupled with cold turkey narcotic withdrawal. Bio-weapon death is slow and painful and feels like being wrapped naked in barbed wire, rolling over broken glass in a fire ant bed. American sadistic people created this and Napalm for only one purpose: to cause the worst human suffering and death. A worse fate than death! Suicide is the answer for... I never thought a human body could take so much misery and still live. The stuff our troops get exposed to in the Mideast wars is far worse than Vietnam...SOP for them is also delay, deny,....until they die too; just like the rest of us who went before them. That is the insanity running VA and this country, BTW. However, perhaps you or wherever this booklet may land can proactively help, really help, to heal centuries of US injustice to her active and ex–Armed Forces personnel. Optimistically, you can use some or this entire expose' to help us. It is anonymous however is 'any affected veteran' in scope. The ongoing active duty and Veteran suicide epidemic, written in veteran blood, protests Socialist American injustice towards us hopefully raising awareness to help us get real help. Too many slacktivists think they help but do not. Prissing around in a selfie doing the 22 push-up challenge is pointless vanity and show off slacktivism. First of all it is all about me, don't I look so cute in this outfit...prissing about on a wastebook page. Second, 22 a day is cooked number like 18 today or 20 yesterday. The real numbers are 100+ without cooking the books! When that report hit the net, DOD immediately pulled it! If you can add then do the math: 3 states with highest vet suicides in US Florida, Texas and California were completely omitted from the cooked figures. Then figures were mysteriously gone without trace; we don't keep figures claimed VA top management. However they have endless cooked claims of how many they saved who asked for help, called suicide hotline or however they contrive fake news to CYA. Those who died were simply not recorded and OIG reports were dropped behind a filing cabinet then disposed of by housekeeping. A majority of homeless are abandoned veterans who gave up to a slow death to abuse, exposure, murder or worse; VA's response is we don't see nothing through willful denial and plausible deniability. Moreover, suicides listed as 'other,' homeless people, alcoholic, drug abuse, neglect, and more were totally omitted from the cooked figures of 18, 20, 22! Do you get the picture? Socialist figures lie and their figureres do lie. The only blessing of some suicides listed as 'other' were veterans who left life insurance to care for their families. Crooked socialist

insurance companies had to pay off; Suicides are EXPLICITLY excluded in life insurance payouts!! Which is why the companies are so eager to insure a suicidal vet in the first place. Is the bigger picture of what Socialist VA and America is doing to veterans beginning to gel? This country has lied to you adn me since the day we were born; it has lied all of us!...It still does and is also doing that to the rest of you American snowflake, buttercups. Waking up to this after you have wasted your life living it all wrong is not the smartest thing to do!!! If you get old too soon, GET SMART AND DO NOT MAKE THE SAME MISTAKES WE OLD TIMERS MADE AND ARE WARNING ABOUT. GET SMART! This is my way of alerting you as a living-dead man on the way out. You know-it-all's will learn in wasting your life and living it all wrong in doing so. As addressed in the forward, few people take the time, energy and research to write this stuff from experience to help those who want it; sure wish it had been there when I was young before making the mistakes that ruined my life proper. These are my golden years; each day is same as the one before: PAIN! On great days, the only golden is pee in a urine bag that I wear all the time that fills from a rubber tube inserted into my bladder through a hole in my stomach because nothing below my navel works, destroyed by Bio-weapon toxins, chemicals and weapons radiation exposures. Those of you seeking redress for burn pits and depleted uranium in service will face the same fate those of us purposely exposed face: lie, deny, delay until you die. On good days that same bag is full of blood, urine and infection matter. Does this sound like something you want anywhere in your life? Some have it worse; they wear colostomy bags. Military duty will do it for you...!!! All you will get from VA and America is so sad, too bad, eat shit and die MF...but thanks for your service buying our free gravy train ride and lunch in first class, SUCKER said through a hokey slogan. You might even get a hokey slogan from VA: 'thank you for your service.' Those bastards give those away free....on good days. The buck stops only there in VA wallets or Swiss bank accounts not in redress to their victims of the Feres act. Which brings me to leftist's PACT act sold to us with a self-righteous patriotic straw cause front. PACT act benefitted VA only. In that it lured many vets to sign up for VA medical care to apply for it. That only rewards were to VA through capitation same as any HMO. They get paid to keep you out except when the yearly expiration date rolls around. Then you'll be hounded to make an appointment to renew the capitation payments for another year, ad infinitum. Totally a cash cow moneymaker like the claims it submitted from dead vet ghost lists until the practices was quietly halted by GSA. Now vets on active rolls must be alive at time of billing. VBA the biggest fraud since organized religion in cahoots with their kangaroo courts and VSO lawyers sell you out to pocket the money like any clap clinic legal, insurance scam. But try to hire

lawyer?! They get paid on the side by VA to keep the claim on ice until it or the vet dies. Few say they got help from PACT. Fake news accounts for those who make the claim they did. Further study reveals they are only propaganda shills nothing more. I tried to get it for agent orange and what I got was a list of dead end phone numbers and txt's to reapply if previously turned down. Nope, only to get turned down by some crooked VSO and VBA puke who sits on it for overtime, jobs, milking the monkey to deny it again before deadline to show realization to keep a job and bonus? The six figure VSO's are never there when seeking their help and I'm told by their secretaries don't call us we'll call you…….. Well what do you expect free and for nothing from a court appointed wannabe lawyer looting the pork trough?' Biden's PACT ACT budgeted a trillion bucks in additional annual budget of 400 billion of taxpayer largess to VA under pretense it nobly helped vets, nope VA can spend it any way they want and so it goes to bureaucracy and management bonuses, graft, corruption, PAC payments, Swiss off shore accounts and to elected lootership and theft. 1.5 trillion bucks down the leftist drain. Reapplying is like voting in America. The late George Carlin said 'on election day I stay home to play with self, I have more to show for it afterwards.' AI and sunset closes fast on VA, Wilkie said so when US NSA arrives and it's here. That dead wood at VA will walk the unemployment or dole lines where they belong. PACT like all else about VSO's and VA is a scam in toto. NHS is too and will already have enough dead wood so that of VA is firewood. The forecast is VA will be a tiny dept of Social Security just to confirm a vet status. AI will do that without any people. A simple check 'did this vet serve, honorably, yes? Approved. Not? Not.'

Only true Vets understand the bond between each other and can help, which is why I wrote this for you but it is up to you whether to GET SMART and use it or learn the hard way. Judas Aunt Tim's and Uncle Tom vets don't count. It only takes once to send your cold body wearing only an optional sheet and toe tag to the VA basement morgue; only once to cripple or blind you for life.... or worse. I know vets that it happened and nearly did to me. There are rare, few good vets working for VA. The rest sold their souls and will sell you out in a second or less. The aunt Tim's are the worst; can you say misandrist, woke peasants? Glorified bed pan cleaners if that much…. Not all, some are very good, they're imported from from India, Philippine Islands, Cuba and elsewhere, these nurses and providers are better trained, more competent and are what keep VA functioning as a medical staff. Avoid the grave shift nurses like Reta Mays, the graveyard shift nurse mass vet murderer who once worked at VAMC West Va. She took her job as graveyard nurse to extremes. 21 dead before she got caught, all murdered in their beds by a white coated angel of mercy white coat assassin. Working on her degree

at 'Dr. 'Death' Mengele U' Actually she was VA's scapegoat after DOJ posthumously exhumed bodies of more vets who suspiciously died in that hospital and found them all murdered; a practice that had been going on for decades. Mays was thrown to the wolves to close the investigation and made a scapegoat sacrifice. Like Timothy McVeigh in OKC bombings. At socialist VA it's all the rage these days. Enter & use the VA 'for the benefits you earned and deserve' if you must – Caveat Emptor. Otherwise use private care for what it is, it remains better than VA; fake news claims notwithstanding, private remains better. Leftist liars figure and their figures do lie. If followed hopefully it won't be your cold & crippled or dead body lying on the morgue slab when they are finished with you; who knows maybe these Nazi's will figure out how to slip your dead ass on the renewal capitation roll once more before planting it in a national cemetery before found out by GSA.

Suicide is not cowardly; <u>COWARDLY</u> is a disgraceful, Socialist, American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.

Modern society is hypnotized by Socialism. It is prevented by Socialism from seeing the mortal danger it is in. And one of the greatest dangers of all is that you have lost all sense of danger, you cannot even see where it's coming from as it moves swiftly towards you. Dwell on the past and you will lose an eye; forget the past and you lose both eyes. ***Aleksandr Solzhenitsyn, Gulag Archipelago.***

I saw a VA psychologist for over a year that offered exposure therapy to ease my symptoms, but ultimately made them far worse, to the point I became suicidal. I felt confident enough to tell him that it wasn't working and he responded with, "You know I am doing you a favor by seeing you." ...getting in touch with your doctor through the VA is like killing yourself—so it's a lose-lose situation. Kat Kaelin The Havok Journal February 28, 2019.

"VA sucks a bag of sweaty camel dicks." Sophia-Helene Mees de Tricht, US Veteran – 'Women's VA.'

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Plane crashes cannot be fixed; one cleans and sends the mess to salvage then builds a new plane. VA is a plane crash in toto! Any questions? RA – USAF, Vietnam and Cold Wars – SAC Mobile Alert, Nuclear – First Strike Forces

Uncle and Aunt Tim & Tom Vets, VA employees & civilians cannot comprehend the following aspect of Military culture that some of us honor - '***take care of each other because that is all you got.***' Perhaps if everyone observed this, the whole world would be a better place for all.

Destroying messengers does not silence truth.
Like a mythic Hydra, 7 more grow from each head cut down.
To understand truth only one other person need know it.
***Now you do*.**

In memory of my mom, 'the goodness' who made me in her image and likeness and the woman who always saw in me more than I could. Over 40 years ago a misogynist VBA Waco TX adjudication officer blamed you for having a birth defect – me – as cause of my denied service related disabilities. That stupid asshole was arrogant enough to put it in writing. Last I heard, the prick blew off his head. I extend my sympathies. Perhaps guilt from screwing over veterans finally got to him. There is a price for doing evil to people. I never forgave that misandrist, son-of-a-bitch for disrespecting you, mom. RIP.

To my dad...you never knew that you, the god who made me in his likeness and image, was my hero and remain so today. I could never fill your shoes, only walk in your shadowed footsteps. I never forgave the VA bastards that murdered you in one of their filthy pest-hole hospitals. RIP.

Heartfelt gratitude to the undisclosed people who put up with my sorry ass and for your help in writing this so other veterans can know; If you go to the VA remember you now tread where even 'God' fears to go. Good luck and my heaven help you in dealing with those Nazis. Hitler and his Nazi party were piker pussies compared to their criminal spawn of a race that has not evolved an inch from the slime that spawned it residing in the USA VBA.

DELAY, DENY, LIE UNTIL THEY ALL SUFFER TO DIE IS VA MISSION STATEMENT.

"Imagine" John Lennon take 1 *He died for his sanity.....* Imagine there's no heaven It's easy if you try No hell below us Above us only sky Imagine all the people Living for today... Aha-ah... Imagine there's no countries It isn't hard to do Nothing to kill or die for And no religion, too Imagine all the people Living life in peace...	You may say I'm a dreamer But I'm not the only one I hope someday you'll join us And the world will be as one Imagine no possessions I wonder if we can No need for greed or hunger A brotherhood and sisters of man Imagine all the people Sharing all the world... You may say I'm a dreamer But I'm not the only one I hope someday you'll join us And the world will live as one

The only way that humanity as a parasitic, animal race will live peacefully as one on this planet is via the next, and perhaps final, mass extinction.

BONUS ARTICLE AND REWARD FOR YOUR STRUGGLE THROUGH AFOREWRITTEN. A DIFFERENT PERSPECTIVE BY ANOTHER VETERAN AND WORTH THE READ.

VA DIRTY TRICKS

Sandra Hale :2ndbattalion94thartillery.com

ABOLISH THE ENTIRE VA SYSTEM - DO NOT REWARD BAD BEHAVIOR
Sandra Hale: Disabled Marine Combat Veteran, Retired VA Nurse, VA Employee
March 31, 2016

This is such a simple concept that it's scary most veterans and veteran organizations just don't get it.
The VA system is never going to get fixed if we keep throwing money at it because the VA only sucks
money up like a bottomless pit and spends it on itself, not the veterans.
Know where all that extra funding goes? To lazy VA employees who claim overtime working on your
backlog claim that they've been sitting on for years and now they are rewarded for that laziness by
collecting not only their outrageous federal employee pay that they didn't earn and don't deserve,
but now they are paid even more for that laziness with extra overtime pay. They claim to work on
weekends and holidays for double and triple overtime pay. They don't actually have to be in the office,
just claim to be working on it at home. Who cares? Its free money and a free for all. VA employees are

like sharks in a feeding frenzy with extra VA funding money. That kind of incentive motivates them to let every one of your VA claims become backlog so they can collect more funding for more overtime pay. And, you're extra funding goes to vacations for those lazy VA employees. That's right. Seminars in Hawaii on all those new rules and regulations you wanted and seminars on how to spend the new funding money. Paid vacation, plus they don't have to work on that backlog that they received the money for because they're too busy going to classes and seminars with luncheons and all expense paid training that can last for weeks at a time because at the VA, there is absolutely no accountability. NONE whatsoever. Nobody questions anybody because they're all cheating on their overtime and paid expense accounts.

VA employees are not going to rock the cruise boat that they're sailing in. That's why VA whistleblowers are few and far between. Plus, that's why VA whistleblowers are treated so badly by the
other employees. What do you mean you don't want your share of VA blood money? Employees with
morals and a conscience are not allowed and are not tolerated by the VA system.
Government con artists have convinced veterans that all we need is more rules and regulations and
more funding, more money, more money. WRONG. WRONG and WRONG.
For all of the thousands of veterans who died waiting for appointments you know what the VA doctors
who were responsible received for punishment? A bonus. Know what the VA executivesthat were
responsible for murder received? A bonus and a promotion. Know what the VA hospitals, clinics and
VA administrative offices received? More funding. Know what the veteran's families received? A dead
loved one. Know what the dead veteran received? An end to VA benefits for them and their families.
How fair is that? Do not...I say again. Do not reward BAD behavior with money. It only encourages
the VA to act bad more often to receive more money. Does that make sense to anyone?
MONEY IS POWER

The golden rule: He who has the gold-makes all the rules. Money is power. Lobbying power to make
laws, rules and regulations so that the VA controls the money and can divert it from its original purpose, the more money, the more power, the more abuse of the money and power. Absolute power
corrupts absolutely.

How about new furnished offices with cable television? Don't laugh. The VA has cable TV everywhere
and it's not for the veterans. The televisions in the clinics and offices are mounted so that they always

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face the VA desks and VA employees control the TV and watch soap operas and game shows all day
long so that absolutely no work gets done. Get a clue. I wanted to watch the news one time and asked a VA employee to change the channel from her soap opera to the news and she said "NO". When I asked her "why" she stated that she didn't want to "upset" the veterans with bad news because they just can't handle it. Ok, so you can handle combat but not the local news. Really? I've never seen a veteran flip out because the news channel was on, but hey,who knows? Because all veterans are considered by VA employees to be mentally deranged children who have to be cared for by VA employees, they know what's best for us. Sit here honey. Wait here darling. Ok sweetie. Like we're in a nursing home already. I've seen female VA employees sit on male veteran's laps and talk like a baby to them. Maybe you male veterans like that crap, but I don't appreciate being treated like a child. Age didn't take my adulthood from me and I hope it didn't take your manhood from you.

Controlling power. Bribery power. Power to shut whistleblowers up by paying them off because they
can't fire them. All a VA employee has to do is pretend they're not with the VA crooked system and get
paid extra for it. Can't beat that with a stick. Maybe you're lucky enough to witness an illegal VA
transaction or catch your boss shipping used prosthetics from VA suppliers who are charging the government for new prosthetics. I actually received an alleged new wheel chair cushion with a big
urine stain on it but the federal government paid the VA supplier for a new one. Maybe you stumbled
across another VA employee who cooked the books and embezzled VA funds or witnessed a VA doctor
injure a veteran with their stupidity and incompetence.

This is your lucky day because you're about to get paid and in fact, you're going to be the VA's star
witness against the veteran and his family. Spend that money carefully because you're going to earn it.
It will cost you your morals, but what the heck; you have none because you work for the VA.
THE NON-VA HEALTH CARE SYSTEM HAS SUPERIOR MEDICAL CARE
The VA health care system is worse than charity hospitals and clinics because it takes an act of Congress to get a federal employee fired. They know this. The VA system is federal and their federal
employee system is set up so that you cannot get rid of bad federal employees.
It takes years of hearings and appeals and the entire time, this VA employee who murdered your beloved veteran is getting paid to sit home and fight the charges. More paid vacations. Do you think
that would happen at your local hospital? No way. The local non-VA institution would immediately

suspend the employee without pay and investigate and if found that the charges were valid, they would
be fired on the spot. No contest. No hearings. No appeals. That's because regular non-federal employees are hired "at will" which means they can be fired at the "pleasure" of the hospital, clinic or
institution. They don't even need a reason to fire their employees.
They weed out the bad employees because they are "customer oriented". They want to please the patrons who come to their hospitals and clinics because they have competition. The VA system has no
competition. You have to go there and you have to put up with whatever crap they dish out. VA employees know that. You have NO CHOICE whatsoever. It's worse than being in the military. At least
in the military you can go up the chain of command and hope to find some justice, but not with the VA
system because they are the chain of command. They are your masters. They control everything. There
is no assistance outside of the VA system. Do you think the VA hospital or VA Regional Office is afraid
of your local Congressman? NO. The VA administrator lunches and golfs with them because the VA
system has the MONEY and POWER to control your Congressman because of all that extra funding
you wanted them to have. Don't worry, its being put to a good cause. Greed. Ditto for the Inspector
General's Office and the VA Consumer Affairs Office. All federal employees who profit from extra VA
funding. Silly veteran, tricks are for kids.

Wake up veterans. The VA system is not about you, it's not for you and it never was. I can remember
when the Vietnam Veterans returned home from their foreign war and was spit on by the public and
denied all their benefits by the same federal system that sent them over there and a few showed their
displeasure by blowing up some VA Regional Offices. I would have to let all the veterans get out irst.
Just kidding. I'm not advocating violence, just controlled rebellion to nite and abolish the entire VA
system because it doesn't serve us veterans. You're beating a dead horse.
There is already a medical system out here that actually works and we don't need the federal VA health
care system. here are trained civilian administrative people out there and we don't need VA Regional
offices with their federal employees. The military and the VA have already out-sourced other areas of

federal management to civilians. Remember how the food improved when the military out-sourced the
chow halls to civilian companies. It's time to out-source the entire VA system to the already in place
civilian companies and hospitals that
are customer oriented and want your business and they don't profit from your death or neglect. Their
business only profits when the customer, which would be you, is satisfied. They are customer friendly
and service oriented, which is what the VA system was NOT set up to do.
Finally, to all you overpaid traitors who hide behind a federal computer and give false names to discredit comments like mine- You trolls are wanna bees that never could make it into military service
so you hate veterans who did everything you wish you could have done, you can kiss my combat boots
because I give my real name and real email, so if you have something to say to my face, I am sandraindayton@yahoo.com and I don't hide behind cute false names. I'm the real thing. your NOT.
Sandra Hale: Disabled Marine Combat Veteran, Retired Nurse, VA Employee
sandraindayton@yahoo.com
http://www.military.com/daily-news/2016/02/02/deputy-va-boss-pledges-disciplinary-action-two-
executives.html
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VA Dirty Tricks Veterans Need to Know About
Sandra Hale: Disabled Marine Combat Veteran, Retired Nurse, VA Employee
February 18, 2016

1) Deny or Ignore Everything
This is the most commonly used dirty trick in the book. Many government and private agencies use this
as their first line defense against any claim. They will either immediately deny your claim or they will
ignore it. If they choose to ignore it, they will not acknowledge that they received your claim. If you try
to find out if they did or not, they will make up excuses that will cause you to wait, tell you to call
back, send you on an endless goose chase from one department to another, or they will repeatedly tell
you to submit it over and over again.
This is called "kicking the can down the road". It serves many purposes. The main purpose is to discourage you and make you give up or distract you and cause you to forget or miss deadlines for

filing documents or appeals or whatever you need to do. If you file the same claim again it creates a
new disability compensation claim date cheating you out of your back pay.
Another reason is that it distances them from the issues. This works to their advantage. Let me explain.
Let's say you filed for a back condition and the VA kicks the issue down the road for several years and
in the meantime you develop some other medical conditions. Now, the VA doctors can begin to try to
link your back pain to some non-service connected medical condition. Don't laugh because they can
get very creative when it comes to this trick.
It also gives them time to confuse the issues. Suddenly, your medical records will be filled with fabricated evidence to support the VA's position. They will twist everything you say to suit this purpose. For instance, the doctors ask you if your back hurts when you lift heavy things and naturally
you tell them YES. Here's what will be documented on your medical records:" Veteran complains of
back pain from doing heavy lifting at home." The VA just created a new cause for your back pain and
it's not service-connected. Or even better, "Veteran injured back at home today while lifting heavy
object." See how that works? They just made a chronic condition a NEW medical condition.
On the other hand, if the VA injured you and you file an 11.51 disability claim, they do the opposite.
For example, The VA tore my rotator cuff by surprising me with heavy sandbags for an x-ray without
giving me a chance to refuse. Immediately, this torn rotator cuff became an old injury, it was suddenly
labeled "chronic shoulder pain" and they attempted to fabricate a history of shoulder problems. Old
injuries are new and new injuries are old, which brings me to dirty trick number two.

2) False Medical Records
Most veterans don't have copies of their military or VA medical records and depend on the VA to
furnish them. Good luck with that; because the VA will both lie and say they don't have the records or
just deliberately destroy them. There goes your evidence.
The Houston VA Regional Office told me for almost three years that they never received my Notice of
Disagreement until I went down to the office in person and demanded to see my C-file and there it was
on the very top of the file with their time stamp dated three years ago.
That's why you should get copies and read your medical records every time you go to the VA because if

you don't they will fabricate false medical records for you. They do it anyway, all the time. The VA doctors and nurses will quote you as saying things that are false. Their favorite misquote is pain. My VA records state that I tell the doctors I have no pain just about every time I go there, which is a bold faced LIE. Your back could be broken with bones sticking out and they will write on your medical records that your back appears to be normal with no visible sign of distress and patient denies back pain.

Don't think for one minute that VA doctors are your friend. They know that their job is to cover up, hide and distort medical evidence in your VA medical records and VA C-file if it's connected to a disputed VA claim. And, don't think the medical doctors are the only ones who do this. Your x-ray will be read wrong by the Radiologists. They won't see that broken bone or compressed disk and if they acknowledge it at all, it will be coded in long Latin medical terms that you will have to look up in a medical dictionary to figure out what they're trying to say and don't count on VA medical doctors to explain it because they will tell you everything is NORMAL. Don't believe me, just file a FTCA (federal torts claim act) and watch your medical records disappear like magic and new records appear debunking your claim

Ever wonder how the VA gets away with these lies? Did you know that VA doctors can legally withhold medical information from you? That's a fact. The practice of withholding pertinent medical information from patients in the belief that disclosure is medically contraindicated is known as "therapeutic privilege." That means all the doctor has to do is think that you might be upset if you knew the truth, so he or she is not going to tell you. How convenient for them.

The VA doctors will try to change dates, confuse facts, and create new reports with false information claiming they are backed up by prior records and reports. Perfect example is what the VA Radiologists did to my kidney X-rays and ultrasound.

I had an ultrasound in 2013 that showed no sign of damage to my kidneys. The 2013 ultrasound stated that there was evidence that I had passed a kidney stone because it left a small distorted area inside one of my ureters.

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Then, in 2014 a VA dentist soaked my partials in poison that you clean countertops with and put them in my mouth. The corrosive poison caused burns in my mouth, throat and intestinal tract and resulted in atrophy of both of my kidney cortex. Want to know what my VA medical records say about it "Veteran's current X-rays unchanged from 2013 ultrasound that shows atrophy of kidneys." That's a creative lie. The small distorted area now becomes atrophy and now applies to both kidneys. They tried to link the new injury to an old ultrasound. Nice try but no cigar.

VA doctors love to use terms that are ambiguous. For instance, my thyroid levels were all off the chart.

The VA doctor recorded in my medical records that the results of my thyroid levels were "low normal" , "high normal", "moderately high normal" moderately low normal" and my favorite doublespeak catch all VA medical term "cumulatively normal". So, what this VA doctor did was take all the abnormal results, add them together and then divide by the number of tests and presto; it's now "cumulatively normal."

Here's another example: On the report for my Compensation exam for the torn rotator cuff injury caused by Michael Debakey Medical Center, the doctor wrote that I injured myself "lifting weights".

Out of nowhere, now I'm a 62 year old disabled weight lifter. That's another creative lie / half truth meant to confuse the issues. I can see this doctor defending her statement in Court. "Well, your Honor, the sandbags were weights and she was injured by lifting them so what part of that is a lie? "

3) Research

This is a dirty trick few veterans know about or even realize is happening to them. In the military you know you are government property because they just come out and tell you; but what they don't tell you is that they have a legal right to experiment on you without your knowledge using untested drugs and treatments. Most veterans just give their permission by signing everything put in front of them without reading it. Read it sometime and you'll see you gave away every human right you ever thought you had in exchange for treatment at a VA facility.

I go to the VA Hospital in Houston, Texas. It is not called the VA Hospital. It is named Michael Debakey Medical Center. It is a TEACHING hospital and is owned by Baylor College of Medicine. I am no more than a guinea pig or laboratory rat to the students, residents and interns that staff this hell

hole. It is literally run by students, residents and interns who have little experience and no one is teaching them. The head of the department is in his office doing paperwork or not there at all. I would say that some trainees learn by trial and error, but since they don't know what they did wrong,
they can never learn the right way to do it. They are overseen by whoever has been there the longest.
It's the blind leading the blind. They staff the entire hospital almost exclusively with these pimple faced
inexperienced adolescents. There are very few real doctors with real life experience. Maybe you get
someone who actually knows what they're doing and maybe not. It's Russian roulette with a loaded
weapon. That's not the way veteran's healthcare should be.
Why do you think your VA medical care is free? Why do you think they force veterans to go to VA
doctors and VA facilities? They want to experiment on you. On the Hospital complex campus in Houston, the Research buildings are almost as big as the Hospital. Where do you think the VA Hospitals get their federal and state funding? Where do you think they get all that scientific data, medical literature and medical statistics? It's from medical Research. The VA advertises that their
facilities are on the "cutting edge" of medical science with the latest in drug therapy, new and improved
treatments and surgical procedures. Its cutting edge all right and you're the one getting all those new
and untested drugs and medical treatments. Five or ten years down the road you or your family will be
answering one of those television attorney commercials that say "Did you or someone you love die
from this surgical procedure, implant, medication or treatment?" This leads into dirty trick number four.

4) The VA Profits From Your Death
Pretend you're a homicide detective working a murder case. You're going to make a list of suspects
consisting of who had motive and opportunity. Well, the VA is at the top of the list because the VA has
both. Their motive is that they save money if you're dead because your VA pension, VA Disability
Compensation and all monthly and yearly VA benefits die with you. The VA definitely has opportunity
because they have complete control over everything aspect of your health thru their VA medical care.
They can give you the wrong medicine or treatment, wrong surgery, overdose you or just neglect you to
death by doing absolutely nothing, like the secret waiting list for VA appointments that killed thousands

of veterans. The VA saved a lot of money with that dirty trick.
You see, that's why they staff their VA hospitals, Clinics and medical facilities with unskilled and
inexperienced students, interns and residents; they know that mistakes will be made and veterans will
die. The VA's only job is to cover it up and blame it on something else and that's way too easy because
they control your medical records. The VA can make your medical records document anything they
want. You disobeyed doctor's orders not to get out of bed and fell down a flight of stairs. They can say
anything. Who's going to dispute it? Not you. Not your family, unless they actually witnessed the
injury or death and the chances of that happening are slim and none.
Remember this, I talk from experience. I once spent three days in the Houston VA Hospital and went to
check out and the nurses at the desk didn't know there was a patient in my room. I told them "Yeah, I
know you didn't know because I didn't see a nurse for three days." But my medical records stated that
they checked on me every two hours and everything was fine. What made me laugh was that my
husband had spent the night there in my room with me for two nights and that's against the rules.
The few VA doctors that are actually experienced are either tucked away in an office somewhere and
don't see patients or have little experience themselves and probably graduated from one of the many
Baylor Colleges. Nurses call their graduates "Baylor Butchers". Worse than that, the rest of the staff
doctors work at the VA because they couldn't make it in private practice and civilian hospitals and
clinics won't hire them. Most staff VA doctors are foreigners from other countries with no credentials
except a diploma. It's really sad. I'm talking in general, of course. I'm sure there are a few good VA
doctors out there, but they are too few to make a difference. Where were all the good VA doctors when
the veterans on the secret waiting lists were dying? Answer me that?

5) Divide and Conquer
When I came back from Afghanistan in December 2007 I was disabled. I knew it and my unit, the
160th Military Police knew it too, but they tried their best to cover it up. I won't go into detail but
suffice it to say I had multiple medical issues that my unit military doctors did not, could not or would

not diagnose or document. As a direct result of that, I had to try to figure out myself what to claim on
my VA disability Compensation Claim.
My medical conditions had to be in my military medical records because I don't have x-ray vision and
could not run the medical and laboratory tests I needed for diagnosis, so I settled on 25 known medical
conditions. I know what you're saying. Wow. No wonder you had so much problems. True, but you
don't understand. If I didn't claim them at that time, and claimed them later, I would lose out on my
back pay.

The VA disability compensation program is designed that way for that exact reason. They want you to
wait to claim medical conditions because it saves them money. But it doesn't really matter because
even if you had two medical claims, they can divide it by denying one and granting the other, thereby
forcing you to appeal or give you a partial decision on one issue and reserve the other issue so they
can" kick the can down the road." See, VA dirty trick number One.
This "Divide and Conquer" technique serves many purposes. The main purpose is that this dirty trick
allows the VA to generate a perpetual 'backlog" of disability claims which means more federal funding
for them. The VA created this "hamster wheel" to keep veteran's compensation claims forever at your
local VA Regional Office, which leads me to VA dirty trick number six.

6) The Hamster Wheel
The local VA Regional Offices deliberately deny claims so they can be appealed, we already know this,
but what you may not know is that they do this by making "vague" and "unsupported" decisions so that
when it is appealed and goes to the Board of Veteran Appeals, it is certain to be REMANDED (sent
back to them). This is done deliberately.
Example: My clothing allowance claim was for forearm crutches for my service-connected
Fibromyalgia/Traumatic Brain Injury. When the Houston VA Regional Office denied it, they wrote that
it was denied because my medical records stated my forearm crutches were for a non-service connected
back condition. That is a deliberate lie and they know it and I know it, but now I have to appeal it to the

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Board of Veteran Appeals and prove it is a lie. It was done on purpose to put me on the Hamster Wheel.
Putting a veteran's claim on this VA created Hamster Wheel allows the local VA Regional Offices to sit
on your claim for another three or four years and starts the entire process all over again just as if you
filed a brand new claim. No final decision. Now you have to wait for more appointments for more tests,
more doctor visits, more x-rays, then wait for another decision, then file another Notice of Disagreement and wait for another Statement of the Case and appeal it and then wait for it to be certified back to the Board of Veteran Appeals. The VA motto which should be on every Department of
Veteran Affairs document as their letterhead "Delay and Deny till the Day they Die".
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SOURCE: https://vnsla.files.wordpress.com/2016/02/va-dirty-tricks.pdf
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